

MEDICATION CLASS	TIMEFRAME
Short Acting β-agonists (SABA)	Stop 8 hours before test
• Bricanyl (terbutaline)	
• Ventolin (salbutamol)	
• Airomir (salbutamol)	
• Apo-Salvent (salbutamol)	
Short Acting Muscarinic Antagonists (SAMA)	Stop 24 hours before test
• Atrovent (ipratropium)	
SABA/SAMA Combination	Stop 24 hours before test
• Combivent Respimat (ipratropium/salbutamol)	
• Duovent (ipratropium/fenoterol)	
Long Acting β-agonists (LABA)	Stop 48 hours before test
• Severent (salmeterol)	
• Foradil (formoterol)	
• Oxeze (formoterol)	
Ultra-Long Acting β-agonists (LABA)	Stop 72 hours before test
• Onbrez (indacaterol)	
Long acting Muscarinic Antagonists (LAMA)	Stop 72 hours before test
• Incruse (umeclidinium)	
• Seebri (glycopyrronium)	
• Tudorza (aclidinium)	
• Spiriva (tiotropium)	
ICS/LABA Combination	Stop 48 hours before test
• Advair (fluticasone/salmeterol)	
• Breo (fluticasone/vilanterol)	
• Symbicort (budesonide/formoterol)	
• Zenhale (mometasone/formoterol)	
LABA/LAMA Combination	Stop 72 hours before test
• Anoro (vilanterol/umeclidinium)	
• Duaklir (formoterol/aclidinium)	
• Inspiroto (olodaterol/tiotropium)	
• Ultibro Breezhaler (indacaterol/glycopyrronium)	
Leukotriene Receptor Antagonists (LTRA)	Stop 24 hours before ONLY IF APPROVED BY PHYSICIAN
• Accolate (zafirlukast)	
• Singulair (montelukast)	
Methylxanthines	Stop 48 hours before test
• Aminophylline	
• Oxtriphylline	
• Theophylline	
Anti-IgE	Stop 2 months before test

<ul style="list-style-type: none"> • Xolair (omalizumab) 	
Beta Blockers	Stop 48 hours before Test - ONLY IF APPROVED BY PHYSICIAN
<ul style="list-style-type: none"> • Acebutolol (Sectral, Rhotral) 	
<ul style="list-style-type: none"> • Atenolol (Tenormin) 	
<ul style="list-style-type: none"> • Bisoprolol 	
<ul style="list-style-type: none"> • Carvedilol 	
<ul style="list-style-type: none"> • Esmolol (Breviloc) 	
<ul style="list-style-type: none"> • Labetalol (Trandate) 	
<ul style="list-style-type: none"> • Metoprolol (Lopresor, Betaloc) 	
<ul style="list-style-type: none"> • Nadolol 	
<ul style="list-style-type: none"> • Nebivolol (Bystolic) 	
<ul style="list-style-type: none"> • Pindolol (Visken) 	
<ul style="list-style-type: none"> • Propranolol (Inderal) 	
<ul style="list-style-type: none"> • Sotalol 	
<ul style="list-style-type: none"> • Timolol 	
Mast Cell Stabilizer	Stop 8 hours before test
<ul style="list-style-type: none"> • Cromolyn sodium (Nalcrom) 	
Antihistamines	Stop 72 hours before test
<ul style="list-style-type: none"> • Cetirizine (Reactine) 	
<ul style="list-style-type: none"> • Chlorpheniramine (Chlor-Triplon) 	
<ul style="list-style-type: none"> • Desloratadine (Aerius) 	
<ul style="list-style-type: none"> • Diphenhydramine (Benadryl) 	
<ul style="list-style-type: none"> • Fexofenadine (Allegra) 	
<ul style="list-style-type: none"> • Hydroxyzine (Atarax) 	
<ul style="list-style-type: none"> • Loratadine (Claritin) 	
Other Over The Counter Products	Stop 72 hours before test
<ul style="list-style-type: none"> • Dimenhydrinate (Gravol) 	
<ul style="list-style-type: none"> • Decongestants 	
<ul style="list-style-type: none"> • Cough Syrups 	
<ul style="list-style-type: none"> • Sleep Aids 	